



Program for the

Brain Builders Lab 2021 Celebration



Canadian Centre
on Substance Use
and Addiction

Evidence. Engagement. Impact.

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Welcome Brain Builders!

We welcome you to the Brain Builders Lab two-day achievements event. We are excited that you will be able to share how you've put your Brain Story knowledge into action and how you brought this science to life to create positive change in your communities.

First, congratulations to all of you.

We want you to know that we are proud of what has been achieved. Everyone has worked so hard this past year, in spite of the challenges. Many of you have already seen the impact you've created. You're making a difference. You're changing conversations, practice and policy through the application of what you've learned in the Brain Builders Lab and demonstrating how we can do things differently when we apply this knowledge.

This event is a celebration of the completion of the projects you began here, but it is also the start of something greater. All Brain Builders, with the help of those who have mentored and worked with you, will now continue as advocates for change in your communities, helping to transform perceptions of substance use and mental health in Canada. You will lead by example, setting a path for others to follow so that no one is left behind.

The work you are doing has never been more important. In the past year, we have seen an increase in substance use in many demographics. We have seen an increase in overdose deaths due to the complicating factors of the COVID-19 pandemic. But there is hope. Increasingly, we're seeing Brain Story science recognized as a priority. Dr. Theresa Tam, Canada's Chief Public Health Officer, has provided ongoing leadership and support to prevent problematic substance use by young people. Her 2020 report, *From Risk to Resilience: An Equity Approach to COVID-19*, draws attention to the importance of understanding the relationship between adverse childhood experiences, brain development and health outcomes.

Your commitment to the Brain Builders Lab and to applying the knowledge to create positive outcomes will continue and spread through our communities, and through the many sectors you have touched and will continue to touch. We know you will use this knowledge of both the science and what has been achieved to advocate for continued change that will affect the lives of people for the better.

Over the next two days, I hope you take pride in all that you've accomplished and that you will continue to be inspired by the work of your colleagues as we all share how we can do things differently when we apply the Brain Story and the science behind it.

We're very happy to have you back together again. Enjoy your time at the Brain Builders Lab event. We look forward to hearing more about the change you have started in your communities.

Best wishes,

Rita Notarandrea, Chief Executive Officer
Canadian Centre on Substance Use and Addiction





Dear Brain Builders,

I cannot tell you how proud I am of your accomplishments, your resilience and your plans for next steps. It may not have always felt like it, but you really moved the needle. Because of your efforts, more people understand and are able to articulate the scientific concepts behind ACEs and their consequences; professionals see their work, their role and their clients in a new light; and there are windows of opportunity opening across the country to align policies and programs with the science. You did that.

You have surpassed our expectations at every turn. When we started this initiative in 2018, we knew it would take a special group of committed people to complete the 30-hour course before participating in the project. By the time you arrived in Ottawa for the kick-off event, every last one of you had come through with your certification. When the pandemic hit, we knew you would be facing new challenges as priorities shifted with new realities, yet many of you continued on with your projects and kept pushing as the pandemic stretched on. And here we are, celebrating not just your impact stories but also your creativity in telling these stories. I am so pleased to be able to showcase so many of your results.

I also want to thank you. As our first Brain Builders Lab cohort, you learned on the go right along with us, bringing important lessons to light as we figured out how to best define your project plans, implement the activities and capture the results. You faced the learning curve with patience and grace, providing a picture of what works, what does not, and how to give future Brain Builders a smoother experience. You are the true experts now on what it takes to start spreading and embedding the Brain Story — a question I get more and more often. No response I could give will be as good as the ones from you, informed by the experience you have gained on the ground. Your lessons — some of them hard won — hold the key to accelerating this movement across the country.

It brings me so much joy to have been a part of your journey and it has been an honour to help you along your path. I hope you will stay in touch after graduation, both with each other and with the CCSA Brain Builders team.

May this event spark inspiration and empowerment in all of you. I hope that everyone comes away from it full of ideas and new connections.

Wishing you a pleasant time at the event and congratulations to you, Brain Architects.

All the best,

Doris Payer. Knowledge Broker
Canadian Centre on Substance Use and Addiction



CCSA Brain Builders Lab

Take a Bow: A Celebration of Brain Builders' Accomplishments

February 25–26, 2021

Virtual Event

Day 1 – Thursday, February 25

All times are Eastern Standard Time

TIME	ACTIVITY
11:00 a.m.	Login and arrival
11:10–11:30 a.m.	Welcome and opening remarks <ul style="list-style-type: none">• Elder Claudette Commanda• Rita Notarandrea, CCSA• Others TBD
11:30–11:35 a.m.	Event purpose and overview
11:35–11:50 a.m.	A word from the mentors <ul style="list-style-type: none">• Reflection on Brain Builders' journeys and lessons• Nancy Reynolds, Arlene Weidner, Margaret King• Memorial for Karen Ferguson
11:50–12:00 p.m.	Break and reflection
12:00–12:20 p.m.	Unveiling of CCSA's summary video and discussion <ul style="list-style-type: none">• The story of the BBL and the Brain Builders' collective impact• Introduced by Rhowena Martin, CCSA
12:20–1:20 p.m.	Discussion of Brain Builder videos, Block 1
1:20–1:35 p.m.	Break and optional activities <ul style="list-style-type: none">• Separate breakout room options: networking, exercise, meditation, hands-on brain building
1:35–2:35 p.m.	Discussion of Brain Builder videos, Block 2
2:35–2:50 p.m.	Break and optional activities <ul style="list-style-type: none">• Separate breakout room options: networking, exercise, meditation, hands-on brain building
2:50–3:30 p.m.	The Brain Story and COVID-19 <ul style="list-style-type: none">• Why the Brain Story matters now more than ever and how to “spread and embed” during COVID times• Dr Francesco Mosaico, Boyle McCauley Health Centre, Edmonton Isolation Facility• Diana Lowe, Re-Imagining Justice• Brandon Hey, Mental Health Commission of Canada
3:30 p.m.	End of Day 1



Day 2 – Friday, February 26

All times are Eastern Standard Time

TIME	ACTIVITY
11:00 a.m.	Login and arrival
11:05–11:10 a.m.	Opening, Day 2
11:10–12:10 p.m.	Discussion of Brain Builder videos, Block 3
12:10–12:25 p.m.	Break and optional activities <ul style="list-style-type: none"> Separate breakout room options: networking, exercise, meditation, hands-on brain building
12:25–1:25 p.m.	Discussion of Brain Builder videos, Block 4
1:25–1:40 p.m.	Break and optional activities <ul style="list-style-type: none"> Separate breakout room options: networking, exercise, meditation, hands-on brain building
1:40–2:10 p.m.	Where to from here? Lessons from ongoing work in Alberta <ul style="list-style-type: none"> Building on BBL achievements and preparing for next steps Dr Nicole Sherren, R2P Solutions
2:10–2:30 p.m.	Graduation Ceremony: From Brain Builder to Brain Architect
2:30–2:35 p.m.	Break (no activities)
2:35–4:30 p.m.	Plenary: An afternoon with Dr. Gabor Maté <ul style="list-style-type: none"> Presentation on the social basis of addiction and interactive discussion about the Brain Builders' work in this context
4:30 p.m.	End of event



SPEAKERS

Elder Claudette Commanda

Opening Remarks

Elder Claudette Commanda, an Algonquin Anishinabe from Kitigan Zibi Anishinabeg First Nation, has dedicated her career to promoting First Nations rights, history and culture. Elder Commanda is a University of Ottawa alumna, having graduated from the Faculty of Arts (1993) and the Faculty of Law, Common Law Section (1997). She was inducted into the Common Law Honour Society in 2009. A devoted and inspiring mentor, Elder Commanda has taught in the University of Ottawa's Institute of Women's Studies, Faculty of Law, Faculty of Education and Aboriginal Studies Program, teaching courses on First Nations women, native education, First Nations people and history, Indigenous traditions, and decolonization. She is the executive director of the First Nations Confederacy of Cultural Education Centres, and has previously served on the board of governors for the First Nations University of Canada. She has served on the Kitigan Zibi band council on three separate occasions. She is the 2020 recipient of the INDSPiRE Award for Culture, Heritage and Spirituality.

Brandon Hey

Presenter

Brandon Hey is a senior research and policy analyst with the Mental Health Commission of Canada. He has a master's degree in community psychology and a background in cultural psychiatry, neuroscience and program evaluation. He has served in various research, policy and systems planning roles, including a one-year tenure with the Centre for Addiction and Mental Health's Provincial System Support Program. He has extensive experience in a variety of mental health policy domains, including mental health and substance use integration, family caregiver engagement, integrated youth wellness hubs, population mental health, pre- and post-charge diversion, and early years mental health.

Diana Lowe

Presenter

Diana Lowe, QC, is a lawyer with 35 years of experience, which includes legal practice, research and reform of the civil and family justice systems in Canada, and most recently as executive counsel to the Chief Justice of the Court of Queen's Bench of Alberta. Diana recently retired from the court and established a consulting practice, "Re-imagining Justice." She continues to support the Reforming the Family Justice System initiative in Alberta, which is a multi-year, multi-sector collaboration seeking to shift the focus in family justice matters away from adversarial, legal responses, to making supports available to assist families. Diana also works with other jurisdictions interested in justice system transformation.

Gabor Mate

Plenary Speaker

Gabor Maté (pronunciation: GAH-bor MAH-tay) is a retired physician who, after 20 years of family practice and palliative care experience, worked for over a decade in Vancouver's Downtown East Side with patients challenged by drug addiction and mental illness. The bestselling author of four books published in twenty-five languages, Gabor is an internationally renowned speaker highly sought after for his expertise on addiction, trauma, childhood development, and the relationship of stress and illness. His book on addiction received the Hubert Evans Prize for literary non-fiction. For his groundbreaking medical work and writing he has been awarded the Order of Canada, his country's highest civilian distinction, and the Civic Merit Award from his hometown, Vancouver. His books include *In the Realm of Hungry Ghosts: Close Encounters with Addiction*; *When the Body Says No*; *The Cost of Hidden Stress*; *Scattered Minds: The Origins and Healing of Attention Deficit Disorder*; and (with Gordon Neufeld) *Hold on to Your Kids: Why Parents Need to Matter More than Peers*. To learn more, join his enews list at www.drgabormate.com.





Francesco Mosaico

Presenter

Dr. Francesco Mosaico, a family physician, completed medical school at the University of Alberta and residency at Queen's University. He has been a staff physician for the past 14 years at the Boyle McCauley Health Centre, a not-for-profit community health centre serving marginalized and vulnerable inner-city residents of Edmonton. He has been serving as the organization's medical director for several years. Since the beginning of the COVID-19 pandemic, he has also been serving as the medical director of the Edmonton Isolation Facility, operated by the Boyle McCauley Health Centre, which is a 24/7 site where those experiencing homelessness, who become ill during the pandemic, are able to safely reside, isolate and receive comprehensive primary health care services. Francesco is an assistant clinical professor with the University of Alberta, Faculty of Medicine and Dentistry, and a member of Alberta Health Services Addiction and Mental Health Strategic Clinical Network.

Rita Notarandrea

Opening Remarks

Rita Notarandrea has a passion for improving the health of Canadians. She became CCSA's Chief Executive Officer in 2015. Under her leadership, CCSA's work has helped to address harms related to alcohol and other drugs in Canada. Rita's expertise is in demand from all levels of government across the political spectrum, as well as from stakeholders in the field. She is driven by the need to increase the public dialogue on substance use and overall understanding of the harms of substance use, given the significant toll it takes on the lives of people in our communities and the health, social and economic impact it has on our society. Rita has 14 years of experience in substance use and addiction and 21 years in mental health. She is inspired by the fact that the journey to wellness for people with a substance use disorder is both attainable and sustainable. Rita has demonstrated her dedication to Canadian health care through the senior roles in which she has performed throughout her career. Prior to joining CCSA, she was Chief Operating Officer of the Royal Ottawa Hospital. She also serves as a member of the Clerk of the Privy Council's Contact Group on Mental Health. Rita holds degrees from Carleton University in Ottawa and the University of Toronto, where she earned a master's degree in health sciences and health administration.

Nicole Sherren

Presenter and Impact Advisor

Dr. Nicole Sherren has a PhD in neuroscience from Carleton University and was awarded the inaugural Alberta Heritage Foundation for Medical Research/Neuroscience Canada research fellowship, which she held at the Canadian Centre for Behavioural Neuroscience, University of Lethbridge, from 2004 to 2007. Her research expertise includes experience-based brain development, neurodevelopmental disorders and brain plasticity. In 2007, Nicole left academia and joined the Palix Foundation to focus on mobilizing the science of early brain development, adverse childhood experiences and resilience in public policy and professional practice. Over her tenure with Palix, she developed and led strategies to spread and embed this science within the education, healthcare, justice and non-profit sectors. She has worked directly with service providers and policy-makers to help them achieve their goals around mobilizing and applying this science in their workplaces and has gained a deep understanding of the challenges facing each sector, as well as the levers to incent and create change within individuals, organizations and systems. Nicole left Palix in 2020 to launch her own consulting company, R2P Solutions, to provide customized and intensive support to organizations and initiatives seeking to embed this science in their work. Nicole also volunteers as the Chair of the Board of Directors for Calgary Alpha House Society.





MENTORS

Margaret King

Mentor

Margaret King mentored two BBL groups focused on systems-level promotion and prevention.

Margaret is director and president of Glenorchy Consulting Ltd. She has worked in health services delivery, education, research and policy development at the local, provincial and national levels. She has several years of experience working for the Government of Alberta, most recently as assistant deputy minister, Community and Population Health, Alberta Health, 2007 through 2012. Through Glenorchy Consulting, Margaret has participated as a consultant and facilitator on projects that address public health and mental health, including projects focused on communication strategies for child and youth mental health services, educational initiatives supported by the Alberta Family Wellness Initiative and policy development in public health service delivery.

Nancy Reynolds

Mentor

Nancy Reynolds mentored two BBL groups focused on northern, rural and remote issues, and educating future and existing healthcare and social service providers.

Nancy is the managing partner in Sterling Lifestyle Solutions (Canada) Corp., a management consultancy focused on child and youth mental health and wellbeing, early childhood development and public policy. She is also a faculty member of the Max Bell Foundation's Public Policy Training Institute where she lectures on the role of research in public policy. After many years as a clinician and health service administrator, Nancy joined the Government of Alberta in 1993. She held several senior portfolios in the Ministries of Health and Children's Services, including assistant deputy minister (ADM) of Population Health and ADM of Partnership and Innovation. While in that role, she developed the concept for the Alberta Centre for Child, Family and Community Research and became the inaugural President and CEO from its founding in 2003 until 2012. As CEO of the Centre, her goal was to ensure that it was recognized as a global leader in mobilizing research findings towards achieving its vision of improving the wellbeing of children, their families and communities. Under her leadership, the Centre became a well-respected organization within both the academic and policy communities. An active volunteer, Nancy currently serves as the chair of the National Institute of Families for Child and Youth Mental Health [FamilySmart], the Boys and Girls Club Big Sisters Big Brothers of Edmonton and Region, and the Social Research and Demonstration Corporation.

Arlene Weidner

Mentor

Arlene Weidner mentored two BBL groups focused on the Atlantic provinces and drug strategies.

Over the past 45 years, Arlene has worked in nursing and healthcare positions as a care provider and in research, program evaluation, nursing education and healthcare administration positions. From 1983 to 2005, she served in senior leadership positions in the Alberta healthcare system, including regional and urban health settings. She has had a consulting practice since 2005, working on a variety of projects related to health system review and nursing issues and to addiction and mental health, and consulting with the Palix Foundation from 2006–2020. She was a health systems surveyor with Accreditation Canada for 10 years and a former member of the Alberta Registered Nurses Educational Trust board and finance committee. Arlene has a BSc in nursing and MSc in educational psychology, and is a lifelong member of the Canadian College of Health Leaders.





IN MEMORIAM

Karen Ferguson

Mentor

Karen Ferguson mentored two BBL groups focused on early years advocacy and individuals facing barriers to care.

Karen worked nearly 40 years in the Alberta public service, retiring in 2015 as assistant deputy minister, Human Services. She provided strategic leadership to cross-ministry and community initiatives supporting improved outcomes for children, youth and families. She led the development of a cross-ministry early childhood development strategy to improve child health and development. The strategy led to a number of outcome-based programs being implemented or expanded, enhancing supports for young children and their families. Karen attended the Alberta Family Wellness Initiative multi-year symposia series. The learnings from the symposia informed the work of the Ministry and the knowledge was integrated into policy and practice. Prior to her role as assistant deputy minister, Karen developed and implemented the *Family Support for Children with Disabilities Act*, and was responsible for the administering the program, which provides support to over 9,000 children with disabilities and their families. Her previous experience includes 25 years in the youth corrections field at the policy and service delivery level, including eight years as director of the Calgary Young Offender Centre. Most recently, Karen served on the board of Norwood Child and Family Resource Centre, an Edmonton based non-profit organization focused on early childhood programming and parent and family supports. She was the board vice-chair of the National Institute of Families for Child and Youth Mental Health and chair of the governance committee. She also volunteered as a tutor with the Centre for Family Literacy.

Incredibly sadly, Karen passed away in October 2020 after a brief battle with lung cancer. Her family and friends remember her as someone who “loved and lived life big. She had an infectious personality with a spirit of Irish feistiness and strength, combined with humour, joy, courage, compassion and unconditional love for those nearest and dearest to her. To know Karen and be in her circle, was a gift that kept on giving. She was a champion of those who faced life’s challenges.”

Karen was extremely proud of her mentees. She is dearly missed by all whose lives she touched.





FACILITATORS

Doris Payer

CCSA Staff

Doris Payer is a knowledge broker at the Canadian Centre on Substance Use and Addiction (CCSA). She earned her PhD in neuroscience from the University of California, Los Angeles, in 2009, and was a clinical research scientist at the Centre for Addiction and Mental Health and assistant professor of psychiatry at the University of Toronto before leaving academia to pursue her passion for knowledge mobilization. This journey took her to the United Kingdom as a neuroscience advisor at the Beckley Foundation (Oxford, U.K.) and later coordinator of the Mental Health Innovation Network, a knowledge exchange platform jointly led by the Centre for Global Mental Health (London, U.K.) and the World Health Organisation. Doris has a longstanding passion for drug harm reduction and peer education, and is thrilled to combine for CCSA's Brain Story initiative her neuroscience background with her desire to change how society views and treats people who use drugs.

Alexa Bol

Facilitator

Alexa Bol facilitated the development of BBL projects focused on strengthening advocacy for early years mental health in Ottawa (Group 1).

Alexa has a graduate degree in community studies and global change and more than 15 years of experience in the non-profit sector. Before coming to the Mental Health Commission of Canada, Alexa worked in community and international development where she used participatory approaches to create positive change at both grassroots and system levels in areas related to children and families. As manager of knowledge mobilization at the MHCC, she has the opportunity to work on many projects including SPARK, Seniors Mental Health, Caregiver Engagement and HEADSTRONG. Alexa is dedicated to seeing knowledge translated into action throughout the mental health and addictions sectors in a way that includes and values all voices.

Claire Rykelyk-Huizen

Facilitator, CCSA Project Staff

Claire Rykelyk-Huizen facilitated the development of BBL projects focused on educating current and future healthcare and social service providers (Group 5).

Claire has a BA in anthropology and an MA in social work, both from Carleton University. She is a registered social worker with a career focus on addictions and mental health. She has a passion for social justice and is interested in the areas of drug policy reform, decriminalization and health equity. Claire has been a knowledge broker at CCSA since January 2019 where she has worked extensively on projects aimed at reducing stigma towards people who use substances.





Kiran Somjee

Facilitator, CCSA Staff

Kiran Somjee facilitated the development of BBL projects focused improving health, social and educational outcomes for at risk youth and families (Group 8)

Kiran is a registered nurse and a knowledge broker at the Canadian Centre on Substance Use and Addiction. She came to CCSA in January 2018 as a national priority advisor from public health, where she led strategies for mental health promotion and health equity across a variety of public health program areas. With expertise in the areas of workforce development, interprofessional practice, nursing, substance use and addiction, mental health promotion, social determinants of health and health equity, Kiran brings both a public health and a population health promotion lens to her work. She holds a BScN in nursing from the University of Ontario Institute of Technology, as well as a registered nurse designation from the College of Nurses of Ontario.

Angela Yip

Facilitator

Angela Yip facilitated the development of BBL projects focused on northern, rural and remote issues (Group 3).

Angela is a knowledge broker with a neuroscience background obtained at the University of Toronto. Located in the Toronto office of the Provincial System Support Program at the Centre for Addiction and Mental Health, she has worked for over a decade in knowledge exchange, health systems and services, and research and consulting. Angela enjoys working with diverse stakeholders in the mental health and substance use field, including bringing allied sectors together to tailor evidence for local contexts and implement that evidence in practice and policy. Projects in her portfolio focus on housing first, early psychosis intervention, community treatment orders, needs-based planning for mental health, substance use and addiction services and supports across Canada, and working with stakeholders to build capacity in knowledge exchange, implementation and evaluation.

ACKNOWLEDGMENTS

We additionally wish to thank:

The Meta4Films team: **Andréa Cohen-B, Chanda Chevannes, Mandy Kane and Meg Pruce**

The CCSA BBL project team, past and present: **Amanda Deseure, Dolores Broz, Harpreet Grewal, Jennifer Noseworthy, Kathryn Ali, Louise Truswell, Olivia Turner, Sarah Konefal and Wendy Schlachta**

Kate Clegg at Friday at Noon event planning

Pamela Teitelbaum at Tamarack Institute



Graduating Class: From Brain Builders to Brain Architects

GROUP NUMBER	GROUP THEME	PROJECT FOCUS	NAME	ORGANIZATION
1		Embedding the Brain Story into services that support young children (prenatal to age 6) in Ottawa in order to improve system-wide practice and policy	Cristina Constantini-Allguren	Ottawa Public Health
			Joanne Boyd	Parent Resource Centre
			Michele Hynes	Pinecrest-Queensway Community Health Centre
			Michelle Crogie	Pinecrest-Queensway Community Health Centre
			Michelle Reimer	Citizens First
			Kaitlyn Lecours	Emily Murphy Non-Profit Housing
			Susan Thompson	Ottawa Public Health
2	Cross-sectoral advocacy for, and implementation of, Brain Story science in the Atlantic provinces	Health systems improvement in New Brunswick	Angela McGraw	Horizon Health Network
			Dawn Maskill	Horizon Health Network
			Denise Connors	Horizon Health Network
			Heather Chase	Horizon Health Network
			Kim Scott	Horizon Health Network
		Early childhood development in Nova Scotia	Camille Magsambol	Nova Scotia Early Childhood Development Intervention Services
		Trauma-informed care in the Maritimes	Tonya Grant	Nova Scotia Health Authority
			Holly Murphy	IWK Health Centre
		Application of concepts across human-serving sectors in Newfoundland and Labrador	Mary Fearon	Thrive Community Youth Network
			Debbie Curtis	Department of Health and Community Services, Government of N.L.
Public health and education systems in Prince Edward Island	Shauna Reddin	Was: Government of P.E.I.		
3	Enhancing community wellness for people living in northern, rural and remote communities	Student mental health in Northern Ontario	Julie Cull	Consortium pour les élèves du nord de l'Ontario
		Municipal public health and safety strategies in Thunder Bay	Cynthia Olsen	Thunder Bay Drug Strategy, City of Thunder Bay
			Lee-Ann Chevette	Crime Prevention Council, City of Thunder Bay
		Application of concepts in a north-central BC school system	Stephanie Lindstrom	School District 91, Nechako Lakes
		Community and school services in Creston, BC	Tania Wiklund	Valley Community Services
		Perinatal health promotion in Indigenous and Métis communities	Yolande Lawson	Sioux Lookout First Nations Health Authority (was: Health Nexus)
Application of concepts in a northern Quebec school system	Colleen Leonard	Vanier College		





GROUP NUMBER	GROUP THEME	PROJECT FOCUS	NAME	ORGANIZATION
4	Improving individual and community outcomes for substance use prevention, treatment and recovery	Regional strategies for ACEs awareness and professional training	Adrienne Crowder	Wellington Guelph Drug Strategy
			Anna Vanderlaan	Wellington-Dufferin-Guelph Public Health
			Caroline Folkman	ACEs Coalition Guelph and Wellington
		Regional strategies for substance use and injury prevention	Cathy Eisener	Simcoe Muskoka District Health Unit
			Christine St. Amant	Simcoe Muskoka District Health Unit
			Claudia Swoboda-Geen	Simcoe Muskoka District Health Unit
			Janice Greco	Simcoe Muskoka District Health Unit
Police training and strategy development	Maureen O'Grady	Ontario Provincial Police		
Curriculum development for addiction peer support	Andrew Berthelet	Community Addiction Peer Support Association		
5	Embedding Brain Story science in post-secondary and professional curricula	Clinician education for youth mental health care	Karen Moore	Open Doors for Lanark Children and Youth
		Curriculum development for nursing school students	Yuko Bajjak	Langara College
		Training of medical students and addiction treatment staff	Karen James	Rideauwood Addictions and Family Services
		Staff training for mental health support	Laura McShane	CMHA Waterloo Wellington
		Curriculum development for adult education	Mary Hoogervorst	Taking Charge! Inc.
		Training of pediatric healthcare providers	Andrea Feller	Niagara Region Public Health
			Elizabeth Moreau	Canadian Pediatric Society
Training of social work professionals	Jan Christianson-Wood	Canadian Association of Social Workers		
6	Embedding the Brain Story in the practices of healthcare, education and social service providers to promote health practices, improve professional practices and enhance population health	Regional strategies for promotion, prevention and resilience-building	Julia Roitenberg	York Region Public Health
			Nadine Bell	York Region Public Health
			Nilusha Jiwani-Ebrahim	York Region Public Health
			Valerie D'Paiva	York Region Public Health
Application of concepts in the education sector (K-12)	Samantha Yarde	Bayview Glen Independent School		
7	Community connections supporting lifetime wellbeing	Wanda Kampijan	YMCA Cambridge, Kitchener-Waterloo	
		Municipal strategies for the early learning sector	Daniel Sparks	Regional Municipality of Durham
			Kelly Bradstock	Regional Municipality of Durham
		Regional mental health promotion and addiction prevention	Krista Dumba	Alberta Health Services
			Kyla Mottershead	Was: Alberta Health Services
			Laurel DiMarzo	Alberta Health Services
		Professional development on health promotion	Marie Brisson	Was: Best Start Resource Centre
Parenting strategy led by family health division	Anne Biscaro	Niagara Region Public Health		





GROUP NUMBER	GROUP THEME	PROJECT FOCUS	NAME	ORGANIZATION
8	Spreading and embedding the Brain Story in the lives of individuals and families facing barriers to social, emotional and academic success	Developmental trauma among adoptees	Kathy Soden	Adoption Council of Ontario
		School mental health and trauma responsiveness	Cathy Lethbridge	Simcoe County District School Board
		Supports for pregnant youth and young parent families	Amanda Veaudry	The Salvation Army, Bethany Hope Centre
			Cathryn Fortier	The Salvation Army, Bethany Hope Centre
			Rachel Arnold	The Salvation Army, Bethany Hope Centre
			Sarah Wilson	The Salvation Army, Bethany Hope Centre
			Suzette MacGregor	The Salvation Army, Bethany Hope Centre
		Youth mentorship and family supports	Louanne Desbiens	Big Brothers Big Sisters Ottawa
		Youth justice system improvement	Geneviève Lescault	Ontario Ministry of Children, Community and Social Services
Youth justice system improvement	Redmond O'Brien	Redmond O'Brien Law		

Legend

Blue = Graduate

Grey = Participant, project idea to be completed outside of the BBL

Congratulations and best wishes to all graduates and participants!



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